



# FEBRUARY | 2019

## NSMA LUNCH MENU

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

28	29	30	31	1 Cheese Pizza or Chef's Salad or Sunbutter Sandwich Veggie Bar Apples/Bananas/Mandarin Oranges
4 Chicken Nuggets or Chef's Salad or Sunbutter Sandwich Cheesy Bread Stick Tater Tots/Veggie Bar Apples/Pears Skim or 1% Choc Milk	5 Tacos or Chef's Salad or Sunbutter Sandwich Black Beans/Veggie Bar Apples/Apricots Skim or 1% Choc Milk	6 Pasties or Chef's Salad or Sunbutter Sandwich Veggie Bar Apples/Bananas/Peaches Skim or 1% Choc Milk	7 <b>**NEW ITEM**</b> Mini Corn Dogs or Chef's Salad or Sunbutter Sandwich Baked Beans/Veggie Bar Apples/Bananas/Mixed Fruit Skim or 1% Choc Milk	8 French Bread Pizza or Chef's Salad or Sunbutter Sandwich Veggie Bar Apples/Bananas/Applesauce Skim or 1% Choc Milk
11 Pasta with Meat Sauce and Cheese or Chef's Salad or Sunbutter Sandwich Veggie Bar Apples/Peaches Skim or 1% Choc Milk	10 Cheeseburger or Chef's salad or Sunbutter Sandwich Veggie Bar/TaterTots Apples/Pears Skim or 1% Choc Milk	13 Quesadilla with Chicken or Cheese or Chef's Salad or Sunbutter Sandwich Veggie Bar Apples/Bananas/Mixed Fruit Skim or 1% Choc Milk	14 Ham & Cheese Hot Pocket or Chef's Salad or Sunbutter Sandwich Veggie Bar Apples/Bananas/Applesauce Skim or 1% Choc Milk	15 Cheese Pizza or Chef's Salad or Sunbutter Sandwich Veggie Bar Apples/Bananas/Pineapple Skim or 1% Choc Milk
18 No School	19 Tacos or Chef's Salad or Sunbutter Sandwich Black Beans/Veggie Bar Apples/Mixed Fruit Skim or 1% Choc Milk	20 Pasties or Sunbutter Sandwich Or Chef's Salad Veggie Bar Apples/Pears/Bananas Skim or 1% Choc Milk	21 Breaded Chicken Sandwich or Chef's Salad or Sunbutter Sandwich Tater Tots/Veggie Bar Apples/Bananas/Applesauce Skim or 1% Choc Milk	22 French Bread Pizza or Chef's Salad or Sunbutter Sandwich Veggie Bar Apples/Bananas/Apricots Skim or 1% Choc Milk
25 Meatball Sandwich or Chef's Salad or Sunbutter Sandwich Veggie Bar Apples/Peaches Skim or 1% Choc Milk	26 Chicken Nuggets or Chef's Salad or Sunbutter Sandwich Tater Tots/Veggie Bar Apples/Applesauce Skim or 1% Choc Milk	27 Quesadilla with Cheese or Chicken or Sunbutter Sandwich or Chef's Salad Veggie Bar Apples/Bananas/Peas Skim or 1% Choc Milk	28 Hot Dogs or Chef's Salad or Sunbutter Sandwich Baked Beans/Veggie Bar Apples/Bananas/Mixed Fruit Skim or 1% Choc Milk	1

**NSMA IS AN  
EQUAL  
OPPORTUNITY  
PROVIDER**

**WE ARE A  
PEANUT  
FREE  
SCHOOL!**