



OCTOBER | 2017

NORTH STAR ACADEMY LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Ravioli or Chefs Salad Veggie Bar Green Beans Apples, Mixed Fruit FF Milk, White or Choc	3 Tacos or Chef's salad Black Beans Veggie Bar Peaches/Apples FF Milk, White or choc	4 Pasties or Chef's Salad Veggie Bar Apples/Bananas/Pears FF Milk, White or choc	5 Calzone or Chef's Salad Corn/Veggie Bar Apples/Bananas/Applesauce Ff Milk, White or Choc	6 French Bread Pizza or Chef's salad Pineapple/Bananas/Apples FF Milk, White or Choc
9 Pasta with Meatballs or Chef's salad Veggie Bar Apples/Peaches FF Milk, White or choc	10 Hot Dogs or Chef's Salad Baked Beans Veggie Bar Apples/Pears FF Milk, White or Choc	11 Quesadilla with Chicken or Cheese Or Chef's salad Veggie Bar Apples/Bananas/Mixed Fruit FF Milk, White or Choc	12 Ham/Cheese hot pocket or Chef's salad Veggie Bar Corn Apples/Bananas/Peaches FF Milk, White or Choc	13 French Bread Pizza or Chef's salad Veggie Bar Apples/Bananas/ Pineapple FF Milk, White or Choc
16 Chili or Chef's salad WW Breadsticks Veggie Bar Apples/Mixed Fruit FF Milk, White or Choc	17 Tacos or Chef's salad Veggie Bar Black Beans Apples/Peaches FF Milk, White or Choc	18 Pasties or Chef's salad Veggie Bar Apples/Bananas/Pears FF Milk, White or Choc	19 Sloppy Joe or Chef's salad Veggie Bar Corn Apples/Bananas/ Applesauce FF Milk, White or Choc	20 French Bread Pizza or Chef's salad Apples/Pineapple Veggie Bar FF Milk, White or Choc
23 Ravioli or Chef's salad Veggie Bar Apples/Applesauce FF Milk, White or Choc	24 Calzone or Chef's salad Veggie Bar Apples/Peaches FF Milk, White or Choc	25 Quesadilla with Chicken or Cheese or Chef's salad Corn, Veggie Bar Apples/Bananas/Pears FF Milk, White or Choc	26 Meatball Sandwich or Chef's salad Baked Beans/Veggie Bar Apples/Bananas/Mixed Fruit FF Milk, White or Choc	27 French Bread Pizza or Chef's salad Veggie Bar Apples/Pineapple FF Milk, White or Choc
30 Chili or Chef's salad WW Breadstick Veggie Bar Apples/Mixed Fruit FF Milk, White or Choc	31 Tacos or Chef's salad Veggie Bar/Black Beans Apples/Pears FF Milk, White or Choc			

**North Star
Academy is an
equal opportunity
provider**

**We are a PEANUT
FREE SCHOOL!**